Vol. 376: 173–184, 2009 doi: 10.3354/meps07821

Differences in trace metal bioaccumulation kinetics among populations of the polychaete *Nereis diversicolor* from metal-contaminated estuaries

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ABSTRACT: Aquatic organisms exposed to atypically high local bioavailabilities of a toxic metal may come under selection for changes in one or more physiological processes, including the rate of metal uptake from an available source of the metal, the rate of efflux and the rate of detoxification of accumulated metal into a relatively metabolically inert form. We investigated parameters of the bioaccumulation kinetics of the toxic metals Ag, Cd and Zn in populations of the estuarine polychaete worm Nereis diversicolor from differentially metal-contaminated sediments of 5 metal-rich estuaries in SW England and a relatively non-contaminated control estuary in SE England. One population (from Restronguet Creek, Cornwall) is known to be tolerant to raised availabilities of Zn and Cu. We compared uptake rate constants from solution (K_u) and assimilation efficiencies (AE) from sediment, and subsequent efflux rate constants (K_{e}) after uptake (from either water or ingested sediment) for each of the 3 metals among all populations. There was some limited interpopulation variation in the biodynamic parameters controlling bioaccumulation (and potential ecotoxicity) of trace metals between populations. There did not, however, appear to be consistent patterns to such variation. The basis of Zn tolerance in the Restronguet Creek population is not due to a reduction of Zn uptake from either solution or ingested sediment, or increased efflux of Zn accumulated after uptake from either route. The most likely mechanism is, therefore, an increased capacity for storage detoxification of Zn accumulated after regulation of Zn body concentration has broken down.

KEY WORDS: Trace metals \cdot Bioaccumulation \cdot Biodynamics \cdot Tolerance \cdot Uptake assimilation \cdot Efflux

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INTRODUCTION

Populations of aquatic organisms exposed over the long term to atypically high local bioavailabilities of a trace metal may come under selection for changes in one or more of a variety of physiological metal bioaccumulation processes. All trace metals are toxic at some bioavailability (Luoma & Rainbow 2008). Toxicity occurs when the rate of uptake of a metal summed across all sources (e.g. solution and diet) exceeds the combined rates of efflux and detoxification of metal into metabolically inert forms (Rainbow 2002, Luoma & Rainbow 2005, 2008). Exposure to metal contamination, thus, could result in selection for a decreased rate constant for uptake from solution (e.g. Boisson et al. 1998), reduced efficiency of assimilation from the diet, a higher rate constant of metal loss (e.g. Postma et al. 1996), an enhanced rate of detoxification (Levinton et al. 2003), or any combination of these. Selective pressure to reduce the potential of toxic action would result in genetically based changes in such physiological traits, corresponding to the selection of a metal-tolerant population (Luoma 1977, Klerks & Weis 1987, Levinton et al. 2003, Luoma & Rainbow 2008). Indeed the presence of a metal-tolerant population of an organism in a particular habitat provides evidence that the metal contamination of that habitat is of ecotoxicological significance, at least in one or more of the

compartments representing a bioavailable source of metal to the species concerned (Luoma 1977).

Metal-tolerant populations of aquatic invertebrates have been identified in a number of instances in metal contaminated habitats (early examples include Bryan & Hummerstone 1971, 1973, Bryan & Gibbs 1983, Luoma et al. 1983, Grant et al. 1989). But there is little consistency in the literature about the processes involved in the manifestation of the tolerance. In the present study, we tested the plasticity of uptake and loss processes that could contribute to tolerance in a polychaete (*Nereis diversicolor*) by evaluating variability in metal uptake and loss rates among populations with different histories of exposure to metal contamination.

Changes in detoxification capabilities appear to be readily induced in invertebrates in the presence of metal contamination (e.g. Mouneyrac et al. 2003, Levinton et al. 2003, Cain et al. 2006), but changes in bioaccumulation kinetics in response to contamination exposure are more complex (e.g. Wang & Rainbow 2005). In some cases, raised environmental exposures to a metal do not result in changes in metal bioaccumulation kinetics in populations, but in other cases they may. Rainbow et al. (1999) explored population differences in metal (Ag, Cd, Zn) uptake rates from solution among amphipods Orchestia gammarellus and crabs Carcinus maenas and Pachygrapsus marmoratus collected from different metal contaminated sites, but these did not show any consistent significant interpopulation differences. In another example, there were significant population differences in the uptake rates of dissolved Cd and Zn in the barnacle Balanus amphitrite collected from sites with different degrees of metal contamination in Hong Kong waters. But there was no significant correlation for either metal between metal uptake rate and accumulated metal concentration, a surrogate measure of previous metal exposure (Rainbow et al. 2003). There were also no significant differences in the AEs (assimilation efficiencies) of Cd, Zn or Ag among these populations (Rainbow et al. 2003). Similarly, feeding on Cd or Ag-enriched diatoms by this barnacle did not change rates of uptake of Cd, Zn or Ag from solution, nor was there a clear consistent effect of dietary pre-exposure to Cd or Ag on the barnacle's AE of Cd, Zn or Ag (Rainbow et al. 2004). On the other hand, Shi & Wang (2004) compared the Cd biodynamics of 2 populations of clams Ruditapes philippinarum collected from a metal-contaminated bay (5.1 μ g g⁻¹ Cd tissue concentration) and a relatively clean site (0.49 μ g g⁻¹ Cd tissue concentration). While there were no significant differences in the dissolved uptake rate constants, efflux rate constants or the clearance rates of the 2 populations, the contaminated clam population had significantly higher Cd and

Zn assimilation efficiencies compared to the uncontaminated population. Counterintuitively, the Cu-tolerant population of the polychaete *Nereis diversicolor* from a contaminated estuary (Restronguet Creek) had a high rate of Cu accumulation compared to other populations (Bryan & Hummerstone 1971), but this was combined with a high rate of Cu detoxification (Mouneyrac et al. 2003).

Recently, the development of the biodynamic model of metal bioaccumulation has represented a major advance in our understanding of metal ecotoxicology, allowing interpretation of the comparative physiological basis of different bioaccumulated metal concentrations in different species of aquatic organisms (Wang et al. 1996, Wang & Fisher 1999, Luoma & Rainbow 2005). Biodynamic modelling involves the quantification of biodynamic parameters that potentially underpin comparative metal bioaccumulation, coupled with relevant geochemical measurements in the field. The biodynamic model has the potential to identify critical parameters ultimately influencing accumulated metal concentration in an organism, and can be used to separate exposure pathways of metals to particular species (Luoma & Rainbow 2005). Correspondingly, the comparative use of the biodynamic model has the potential to identify any differences between populations of the same species in key bioaccumulation processes affecting metal uptake and subsequent accumulation, with consequences for comparative differences in susceptibility to metal toxicity (Wang & Rainbow 2006) - in short, the mechanistic basis of the evolution of metal tolerance in particular populations.

In the present study, we used biodynamic principles to investigate the bioaccumulation kinetics of the toxic metals Ag, Cd and Zn in populations of the estuarine polychaete worm Nereis diversicolor from differentially metal-contaminated sediments of 5 metal-rich estuaries in SW England and a relatively non-contaminated control estuary in SE England. Included is the population from Restronguet Creek, known to be tolerant to raised sedimentary availabilities of not only copper, but also zinc (Bryan & Hummerstone 1971, 1973, Bryan & Gibbs 1983, Grant et al. 1989). Although the Cu and Zn tolerance of this population was first demonstrated more than 30 yr ago, it has been confirmed again more recently (Mouneyrac et al. 2003), so the selective pressure for this tolerance is still present. We addressed the question of variability in biodynamic processes by comparing rate constants of uptake from solution (K_u) and AEs from sediment, as well as subsequent rate constants of efflux (Ke) after uptake from either water or ingested sediment of each of the 3 metals among all populations. We asked if a gradient in metal exposure history in natural populations would

be accompanied by a similar gradient in either reduced accumulation rates or enhanced efflux rates.

Finally we tested whether existence of tolerance to a metal (Zn) was accompanied by changed biodynamics of that metal, and whether tolerance to one set of metals induced changes in rates for other metals (Cu and Zn tolerance versus Ag and Cd biodynamics). To accomplish the latter, we included among the populations Nereis diversicolor from Restronguet Creek, Cornwall, UK, a well-studied metal-contaminated estuary with a legacy of metal-rich sediments from a 150 yr-old history of mining in its catchment (Bryan & Gibbs 1983). Restronguet Creek houses several metaltolerant populations of invertebrates (Bryan & Hummerstone 1971, 1973, Bryan & Gibbs 1983, Grant et al. 1989, Mouneyrac et al. 2003), substantiating the ongoing ecotoxicological significance of high local Cu and Zn bioavailabilities, particularly in the sediments. Metal-tolerant populations include 3 sediment-ingesting burrowing invertebrates, viz. N. diversicolor (Cu and Zn tolerant: Bryan & Hummerstone 1971, 1973, Bryan & Gibbs 1983, Grant et al. 1989, Mouneyrac et al. 2003), the bivalve Scrobicularia plana (Cu) and the amphipod crustacean Corophium volutator (Cu) (Bryan & Gibbs 1983). Other metal-tolerant invertebrate populations in Restronguet Creek include the crab Carcinus maenas (Bryan & Gibbs 1983), the polychaete Nephtys hombergi (Bryan & Gibbs 1983) and nematode worms (Millward & Grant 1995). Considering the importance of Cu as a metal of ecotoxicological significance in Restronguet Creek, this metal is conspicuous by its absence from the present study. The

reason for this is the lack of a suitable radioisotope of Cu, but the development of stable isotope techniques offers great potential for future investigation of this ecotoxicologically significant metal (Croteau & Luoma 2005).

MATERIALS AND METHODS

Site descriptions. Of the estuaries chosen, Restronguet Creek receives discharge from the Carnon River draining a region with a long history of mining for metals, and correspondingly, contains extraordinarily high levels of As, Cu, Fe, Mn and Zn (Bryan et al. 1980, Bryan & Gibbs 1983, Berthet et al. 2003). The Gannel estuary has been reported to have high bioavailabilities of Pb and Zn, the Tavy of Cu, East Looe of Ag, Cu and Pb, and West Looe of Cu and Pb (Bryan et al. 1980). The Blackwater estuary in Essex,

SE England drains a catchment with no history of mining and was used as a control site with expectedly no atypically raised trace metal bioavailabilities. Table 1 presents comparative data on relevant metal concentrations in the sediments of these estuaries, and the differential bioaccumulation of these metals by Nereis diversicolor from each site. These data confirm that the estuarine sediments chosen provide a range of trace metal bioavailabilities to N. diversicolor, with particularly high sedimentary bioavailabilities to the worm of copper (Restronguet Creek, Tavy) and zinc (Restronguet Creek). Body concentrations of zinc are usually regulated to an approximately constant level by N. diversicolor (Bryan & Hummerstone 1973, Bryan et al. 1980, Amiard et al. 1987), and the extremely high body zinc concentration in the Restronguet Creek worms denotes strong accumulation after regulation breakdown in reflection of the atypically high local zinc bioavailability. High sedimentary bioavailabilities of silver (Restronguet Creek) and perhaps cadmium (Tavy) are also represented (Table 1).

Collection. Nereis diversicolor specimens were collected from intertidal mudflats (upper 20 cm sediment depth) in the upper estuaries of the East Looe, Gannel, Restronguet Creek, Tavy and West Looe in southwestern England, and from the Blackwater estuary (eastern England) in 2006 and 2007 (Table 2). They were transported back to the laboratory in cool boxes in sediment from the collection site. The worms were then kept in sediment from the site of origin covered by artificial seawater (TM - Tropic Marin, Tropicarium Buchschlag, salinity 16, 10°C). The mean dry weights and ranges of

Table 1. Concentrations (range or mean \pm SD, μ g g⁻¹ dry wt) of Ag, Cd, Cu and Zn in oxic surface sediment and *Nereis diversicolor* (after gut depuration) from each of 6 estuaries. Both sediments (total) and worms were dried to constant weight at 60°C, and acid-digested in concentrated nitric acid (Aristar grade, Merck) at 100°C, before analysis of digests on a Vista-Pro CCD Simultaneous ICP-OES. Geographic coordinates of sites in Table 2

	Ag	Cd	Cu	Zn
Sediment				
Blackwater	0.46 ± 0.09	1.95 ± 0.26	24.2 ± 3.5	93 ± 17
East Looe	0.46 ± 0.23	0.72 ± 0.24	16.1 ± 4.2	66 ± 15
Gannel	0.38 ± 0.04	1.39 ± 0.15	44.0 ± 2.8	251 ± 20
Restronguet Creek	1.40 ± 0.47	2.85 ± 0.28	3390 ± 290	3270 ± 260
Tavy	0.51 ± 0.10	1.88 ± 0.08	170 ± 16	211 ± 18
West Looe	1.15 ± 0.11	1.41 ± 0.14	48.9 ± 8.3	103 ± 4
Nereis diversicolor				
Blackwater	1.38 ± 0.61	< 0.8-< 2.0	24.5 ± 7.3	237 ± 37
East Looe	2.48 ± 0.86	<1.6-<2.7	46.1 ± 24.6	294 ± 83
Gannel	0.68 ± 0.34	< 0.8-< 1.9	48.8 ± 26.2	258 ± 60
Restronguet Creek	4.82 ± 2.01	<1.0-2.3	3850 ± 1770	1925 ± 566
Tavy	1.32 ± 0.44	2.62 ± 0.60	214 ± 43	472 ± 90
West Looe	2.90 ± 8.85	<1.1-<4.2	71.9 ± 28.8	366 ± 64

Table 2. Collection details of the polychaete worm Nereis diversicolor from
UK estuaries, with details of dry weights (mean \pm SD) of worms used in
dissolved metal uptake experiments. Dates are d/mo/yr

Site	Geographic coordinates	Dates of collection	Dry weights (range)		
Restronguet	050° 12.36' N,	12/09/06, 03/04/07,	$\begin{array}{c} 0.0209 \pm 0.0104 \\ (0.0036 - 0.0521) \end{array}$		
Creek	005° 05.41' W	03/07/07, 26/10/07			
East Looe	050° 22.38' N,	06/09/06, 03/04/07,	0.0247 ± 0.0176		
	004° 27.74' W	03/07/07, 26/10/07	(0.0034-0.0900)		
Gannel	050° 24.32' N,	05/09/06, 03/04/07,	0.0174 ± 0.0135		
	005° 05.17' W	03/07/07, 26/10/07	(0.0024-0.0925)		
West Looe	050° 21.82' N,	06/09/06, 03/04/07,	0.0289 ± 0.0171		
	004° 28.86' W	03/07/07, 26/10/07	(0.0037-0.0680)		
Tavy	050° 27.12' N,	07/09/06, 03/04/07,	0.0158 ± 0.0088		
	004° 10.17' W	03/07/07, 26/10/07	(0.0047-0.0467)		
Blackwater	051° 44.08' N,	13/09/06, 05/04/07,	0.0188 ± 0.0129		
	000° 41.34' E	04/07/07, 30/10/07	(0.0100-0.0947)		

worms collected from each site and used in dissolved uptake experiments (see below) were comparable. Worms used in the diet experiments were not weighed dry. In any experiment, worms of similar size range were distributed among metals and exposures in order to allow for any potential effect of size on biodynamic parameters measured.

Radioisotopes. Measurements involved the laboratory use of radioactive tracers of the metals Aq, Cd and Zn. The radioactive tracer ^{110M}Ag was obtained from Riso National Laboratory, Denmark, and ¹⁰⁹Cd and ⁶⁵Zn from Brookhaven National Laboratory, New York, USA. Live worms in uptake experiments (see below) were counted for contents of ^{110M}Ag, ¹⁰⁹Cd or ⁶⁵Zn on an LKB Wallac 1480 Wizard counter. A standard was used in each analysis to determine the background radiation level and activity changes in the samples due to radioactive decay during the experimental periods. Because the Cd and Zn tracers are essentially carrierfree, negligible concentrations of total metal were added with the addition of tracers to either water or sediment. The total concentration of Ag in the radiolabelled silver tracer was allowed for in concentration calculations where necessary.

Uptake from solution. *Nereis diversicolor* specimens (n = 5) from each site were exposed individually to radiolabelled Cd, Zn and Ag separately (0.25 μ Ci in 50 ml medium) in acid-washed 100 ml beakers with 50 ml TM (salinity 16, 10°C) at each of 3 or 4 exposure concentrations (Cd 0.5, 1.0, 5.0 μ g l⁻¹ for 4 d; Zn 24.0, 30.0, 40.0, 60.0 μ g l⁻¹ for 3 d; Ag 0.5, 1.0, 6.0 μ g l⁻¹ for 4 d) before transfer into unlabelled medium for up to a further 14 d (salinity 16, 10°C). Each worm was counted live (see below) for radioactive Cd, Zn or Ag content after 2 h (assessment of adsorption) and on Days 1, 2, 3 and 4 (not for Zn) of the uptake phase.

In the depuration phase, radioactive contents were counted after 2 h, and on Days 3, 4, 5, 6, 7, 10 (all metals), and on Days 12 and 14 (Zn, Ag) of depuration. Media were changed every other day and beakers were changed between labelled and unlabelled periods.

Uptake from ingested sediment. Nereis diversicolor burrows in sediment and is inevitably exposed to the water in its burrow derived from local interstitial sediment porewater and water from the overlying water transported by an irrigation current. N. diversicolor also ingests sediment as a food source, making it a good biomonitor of the bioavailability of many trace metals from the sediment (Bryan et al. 1980, 1985, Luoma & Rainbow 2008). It was necessary for our purposes to offer

radiolabelled sediment as a food source to the worm without exposing the worm to radiolabelled metal in the porewater. We were assisted here by the diverse feeding habits of N. diversicolor, which include oxic sediment ingestion, sediment browsing, carnivory, scavenging and even suspension feeding via a secreted mucus net (Harley 1950). We therefore adapted a method of packaging a food item in gelatin as instigated by Wallace et al. (1998) and developed particularly for predatory gastropods (Cheung & Wang 2005, Rainbow et al. 2007). For each metal separately, approximately 0.25 g of wet surface (oxic) sediment from the site of collection in the Blackwater estuary was labelled with 2 µCi of radiotracer and left to stand at 4°C for at least 1 mo. Before all experiments, it was confirmed that there was no significant loss of any radiolabelled metal from sediment to overlying medium. A gelatin solution was prepared (2.4 g gelatin [Sigma], in 15 ml TM at a salinity of 16) under gentle heat, with 0.25 ml cod liver oil (Seven Seas Health Care) added as a feeding stimulant. As this solution cooled at room temperature, radiolabelled sediment was mixed in and the mixture cooled further at 4°C. The sediment formed a layer at the bottom held in a matrix of set gelatin and cod liver oil, and was cut into 1 to 2 mm cubes for feeding to the worms. The worms were 'trained' to accept such packages of sediment as a food source using unlabelled sediment treated as above.

Up to 10 individual worms from each site were allowed to feed on a package of labelled sediment, a procedure taking up to 2 h. After feeding, each worm was counted for 30 s; this time zero count represented the radiolabelled metal content of the ingested sediment (100%) before any defaecation. Each worm was then kept in an acid-washed 100 ml beaker with 50 ml TM (salinity 16, 10°C), and counted at 8, 24, 32 and 48 h. After the first 2 d, the worms were allowed to continue depuration of any metal and counted at less frequent intervals (e.g. Days 3, 6, 8 and 10 in the case of Ag) for 10 (Ag, Zn) or 16 (Cd) d. The medium was renewed at every count. All subsequent counts were expressed as percentages of the initial count.

Statistical analysis. Parametric statistics such as regression analysis were used, employing the p = 0.05 level of significance. Statistical comparisons were made by 1-way ANOVA or ANCOVA (Statistica for Windows, Statsoft), applying Tukey's post hoc tests for *a posteriori* comparisons.

RESULTS

Uptake from solution

The uptake of labelled Cd, Ag and Zn from solution into the individual worms was linear over time (3 to 4 d) at each exposure concentration, and could be modelled by a linear regression. The slope of each regression line is the uptake rate of new labelled metal $(\mu q q^{-1} d^{-1})$ at each concentration (data not shown). These uptake rates can in turn be regressed against dissolved exposure concentration for each of the 6 worm populations. In every case the uptake rate showed a significantly linear increase (p < 0.001) with dissolved concentration (e.g. Fig. 1). The slope of this line (now expressed as $\mu g g^{-1} d^{-1}$ per $\mu g l^{-1}$, or $l g^{-1} d^{-1}$) is the uptake rate constant (K_u), which is a unified measure of the uptake of a metal by a particular population of worms under the physico-chemical conditions used (artificial seawater, salinity 16, 10°C) and can be compared among the populations by ANOVA (Table 3).



Fig. 1. Nereis diversicolor. Uptake rates of radiolabelled Ag by worms from East Looe plotted against dissolved exposure concentrations in order to estimate the uptake rate constant (regression slope, $l g^{-1} d^{-1}$)

Table 3. Nereis diversicolor. Uptake rate constants (K _u : mean,
SE, l g ⁻¹ d ⁻¹) of Cd, Ag and Zn of polychaete worms from each
of 6 populations taking up radiolabelled metal from solution.
2007 data. K_u of worms from sites sharing a common letter for
one metal in the a posteriori Tukey's test column do not
differ significantly $(p > 0.05)$

	K _u	SE	n	Tukey's
Cadmium				
Tavy	0.0267	0.0027	14	А
East Looe	0.0157	0.0017	15	A,B
West Looe	0.0149	0.0032	15	A,B
Blackwater	0.0134	0.0015	15	A,B
Gannel	0.0115	0.0023	16	A,B
Restronguet Creek	0.0087	0.0015	14	В
Silver				
Tavy	7.3353	0.9456	15	А
Restronguet Creek	7.0624	0.5679	15	А
West Looe	4.4229	0.6822	15	A,B
East Looe	3.4559	0.1543	15	B,C
Blackwater	2.7856	0.6887	15	B,C
Gannel	1.7796	0.3986	10	С
Zinc				
Blackwater	0.1021	0.0346	17	А
Gannel	0.0859	0.0297	14	А
Tavy	0.0752	0.0208	10	А
Restronguet Creek	0.0660	0.0734	7	А
West Looe	0.0336	0.0100	16	А
East Looe	0.0173	0.0366	7	А

In the case of Cd uptake (Table 3), there was a significant difference between the K_u of only 2 populations, Tavy and Restronguet Creek, with all other populations having Cd K_u not differing significantly from each other or from Tavy or Restronguet Creek. There was more significant variation between populations in the case of Ag K_u (Table 3), with Tavy and Restronguet Creek populations sharing the highest Ag K_u, differing significantly from those of East Looe, Blackwater and Gannel populations. There were no significant differences among populations in the case of the Zn uptake rate constant (Table 3). In no case was the rank order of K_us among populations similar to the rank order in either sediment concentration or bioaccumulated concentration found at the field site (Table 1). Nor were there dramatic differences between K_u of the Cu-Zntolerant population from the highly contaminated Restronguet Creek and the K_u values of the other populations.

Metal taken up from solution has the potential to be excreted by the worms. Fig. 2 shows such a pattern of efflux, in this case for worms from East Looe after uptake of Cd from solution. To calculate an efflux rate constant, counts for each worm were first expressed as percentages of the final count of the uptake phase, and these percentages are transformed logarithmically using natural logarithms (ln). The transformed data



Fig. 2. Nereis diversicolor. Efflux of radiolabelled Cd accumulated from solution by individual worms (different symbols) from East Looe. Accumulated concentrations are expressed as the percentage of the amount remaining (Day 0: 100%) on a logarithmic scale

were plotted against time (d) of efflux. In many cases, it is possible from the plot to recognise 2 phases of efflux, i.e. loss from a 'fast pool' and loss from a 'slow pool'. Of comparative interest here (and more relevant for biodynamic modelling) is the rate constant of efflux (K_e) from the slow pool. Inspection of the individual patterns of efflux of metals over time showed that it was appropriate to choose different starting days for each metal for the time series describing efflux from the slow pool alone, viz. Day 3 for Zn, Day 4 for Cd and Day 7 for Ag. Table 4 presents comparative data on efflux from the slow pool of Cd, Ag and Zn by the different populations of worms in terms of K_{er} the equivalent half time (the time for half of the metal in the pool to be excreted) and the percentage of newly accumulated metal taken up from solution that was found in the slow pool.

In the case of the Gannel population, no worms survived beyond Day 7 of Ag depuration and no comparative data are presented for this population. For Cd, there were no significant differences among populations in K_e after uptake from solution (Table 4). This scenario was matched closely for Zn, although the Tavy population had an efflux rate constant from the slow pool significantly lower than those of the other 5 populations. In neither case was the highest K_e twice that of the lowest K_e . There was more variability between populations for the K_e of Ag, as there had been for K_u ; the highest efflux rate constant in the East Looe population was 3 times greater than the lowest K_e in the Restronguet Creek worms.

There were clear differences among metals in the relative percentages of newly accumulated metals in the fast and slow pools across all populations (Table 4). Nearly half the new Zn was present in the fast pool while, in effect, there was no fast pool for Ag; about 80% of accumulated Cd was in the slow pool.

Table 4. Nereis diversicolor. Efflux rate constants (K_e : mean, SE, d⁻¹), half times and mean (SE) percentage of newly accumulated metal held in the 'slow' pool for Cd, Ag and Zn in polychaete worms from each of 6 populations (5 for Ag) after taking up radiolabelled metal from solution. 2007 data. K_e of worms from sites sharing a common letter for one metal in the *a posteriori* Tukey's test column do not differ significantly (p > 0.05). Half time: the time for half of the metal in the pool to be excreted

	K			Half time		% 'slow' pool			
	Mean SE Tukey's		Tukey's	(d)	Mean	SE	n		
Cadmium									
Gannel	0.0336	0.0046	А	20.6	89.6	1.9	14		
Restronguet Creek	0.0312	0.0046	А	22.2	71.5	3.1	14		
Tavy	0.0311	0.0050	А	22.3	80.2	2.1	14		
West Looe	0.0243	0.0027	А	28.5	81.4	3.4	13		
East Looe	0.0217	0.0029	А	31.9	76.9	3.2	14		
Blackwater	0.0184	0.0018	А	37.7	81.9	2.4	14		
Silver									
East Looe	0.0518	0.0080	А	13.4	105.9	4.9	10		
Blackwater	0.0436	0.0058	A,B	15.9	89.9	4.9	10		
West Looe	0.0322	0.0049	A,B	21.5	103.7	3.0	9		
Tavy	0.0250	0.0039	B,C	27.7	98.2	2.0	10		
Restronguet Creek	0.0172	0.0029	С	40.3	102.9	2.0	9		
Zinc									
Restronguet Creek	0.0393	0.0034	А	17.6	55.9	3.7	5		
East Looe	0.0389	0.0043	А	17.8	54.8	3.7	7		
Gannel	0.0386	0.0038	А	18.0	51.9	1.9	14		
Blackwater	0.0359	0.0024	А	19.3	52.2	1.4	17		
West Looe	0.0321	0.0018	А	21.6	54.0	1.4	17		
Tavy	0.0235	0.0018	В	29.5	54.0	2.4	10		

Uptake and loss from ingested sediment

AE is a measure of the amount of metal assimilated from a meal, i.e. the amount remaining in the body after the defaecation of the undigested portion of any meal. The AE of a radiolabelled metal, therefore, can be assessed from a plot of the change in radiolabelled count of the live animal after ingestion of a radiolabelled meal over the time period until defaecation is complete. If there is no subsequent excretion of assimilated metal, such a plot would level out at a constant percentage, which is a direct measure of the AE. If radiolabelled metal is excreted to any degree by the animal after assimilation, then counting over a longer period subsequent to assimilation and defaecation will provide an estimate of the excretion or efflux rate constant of this assimilated metal (see Fig. 3). A longer monitoring period also offers the opportunity to correct for any excretion of assimilated metal before defaecation is complete. A best-fit straight line regression plot of efflux over the latter part of the extended time series can be back-extrapolated to intercept the y-axis and provide a better estimate of the original AE. In practice, such a calculation is only necessary when the efflux rate of the assimilated metal is so high that excretion of assimilated metal before complete defaecation is significant. Values of AE calculated by back extrapolation usually do not differ from those estimated from visual inspection of a plot at the end of defaecation. Nevertheless back extrapolation has been used here to calculate AEs, for the relevant efflux data were collected as required for estimation of K_e after assimilation from the diet. Typically, data after Day 2 were used in the back extrapolation, but in some individual cases, it was clear from the pattern of the data that defaecation had not yet been completed by Day 2, and a later count was chosen to start the data series used in back extrapolation, and indeed to calculate Ke.

Assimilation efficiencies for the Cd and Zn from radiolabelled sediment did not differ among the 6 populations (Table 5), with a grand mean of 61.9% (±3.3,



Fig. 3. Nereis diversicolor. Assimilation and subsequent efflux of radiolabelled Cd from individual worms (different symbols) from Restronguet Creek fed a single meal of radiolabelled sediment in a package of gelatine

SE) for Cd and 46.7% (\pm 4.3, SE) for Zn. Like K_us, AEs for Cd and Zn do not appear to be very plastic. There was significant variation among the populations for the Ag AE, with the highest AE of 77.2% (Tavy) differing significantly from the lowest AE of 24.5% (Gannel). But the rank order of Ag AE did not follow the rank order of exposure history as measured by either sediment contamination or bioaccumulated Ag in the field (Table 1).

Efflux rate constants of metals taken up from ingested sediments did not differ among populations for either Cd or Ag (Table 6). There was a single significant difference between these constants in the case of Zn, i.e. between populations from the Tavy and from East Looe (Table 6). The K_e for Zn from the East Looe population was not significantly different from 0 (no significant efflux), although experimental variation caused an apparent positive slope.

Efflux after uptake from solution or ingested sediment

A comparison was made between efflux rate constants after uptake of radiolabelled metal from solution and ingested sediment (Table 7) in order to provide

Table 5. Nereis diversicolor. Assimilation efficiencies (AE: mean, SE) of Cd, Ag and Zn of the polychaete worm from each of 6 populations after ingestion of radiolabelled sediment packaged in gelatine. AE of worms from sites sharing a common letter for one metal in the *a posteriori* Tukey's test column do not differ significantly (p > 0.05)

	AE (%)	SE	n	Tukey's
Cadmium				
Gannel	72.8	7.4	5	А
East Looe	71.0	9.1	5	А
Restronguet Creek	66.0	8.0	4	А
West Looe	61.4	7.6	3	А
Blackwater	50.7	5.1	7	А
Tavy	50.0	9.1	3	А
Silver				
Tavy	77.2	7.6	7	А
West Looe	52.8	17.1	4	A,B
Blackwater	34.4	7.2	10	A,B
Restronguet Creek	34.1		1	A,B
East Looe	29.3		1	A,B
Gannel	24.5	6.4	7	В
Zinc				
Restronguet Creek	65.3	4.4	4	А
West Looe	58.8	9.0	3	А
East Looe	46.1	7.2	5	А
Blackwater	45.4	14.8	4	А
Tavy	38.6	6.5	6	А
Gannel	30.0	10.3	4	А

Table 6. Nereis diversicolor. Efflux rate constants (K_e: mean, SE, d⁻¹) and half times (the time for half of the metal in the pool to be excreted, d) of Cd, Ag and Zn of polychaete worm from each of 6 populations (5 for Ag) after ingestion of radiolabelled sediment packaged in gelatine. K_e of worms from sites sharing a common letter for one metal in the *a posteriori* Tukey's test column do not differ significantly (p > 0.05)

	K _e	SE	Half time	n	Tukey's
Cadmium					
East Looe	0.0261	0.0091	26.6	5	А
Restronguet Creek	0.0246	0.0043	28.2	3	А
Blackwater	0.0232	0.0029	29.9	7	А
Gannel	0.0177	0.0042	39.2	4	А
Tavy	0.0163	0.0063	42.5	3	А
West Looe	0.0115	0.0022	60.3	3	А
Silver					
Blackwater	0.0835	0.0165	8.3	9	А
Gannel	0.0628	0.0172	11.0	7	А
Restronguet Creek	0.0619		11.2	1	А
West Looe	0.0532	0.0109	13.0	4	А
Tavy	0.0440	0.0132	15.8	6	А
Zinc					
Tavy	0.0712	0.0229	9.7	6	А
Restronguet Creek	0.0441	0.0193	15.7	4	A,B
West Looe	0.0292	0.0103	23.7	5	A,B
Gannel	0.0170	0.0147	40.8	4	A,B
Blackwater	0.0059	0.0098	117.5	4	A,B
East Looe	+0.0037	0.0104	187.3	5	В

Relationship between uptake and efflux rates

Data were available for individual worms, so we were able to investigate whether there was any relationship between rates of uptake from solution and subsequent efflux rate constants for metals accumulated by this route. There were no significant regressions (p > 0.05) between K_u and K_e for either Cd or Ag from the slow pool for any population. Indeed, there was also no significant regression in the case of Zn for 5 of the 6 populations, although there was a was a significant regression ($F_s = 19.74$; df = 1, 12; p < 0.001) for Zn uptake and efflux rates in worms from the Gannel.

Seasonal comparison

Such a large programme of experiments inevitably takes time, for example from April to October in 2007, with the potential for seasonal effects on the parameters measured. We took the opportunity to repeat one full set of experiments in order to check for seasonal changes. Thus, Table 8 reports data on Zn uptake from solution for the 6 populations collected in September

insight on whether metal taken up from the 2 different routes might be accumulating in the same or different pools in the organism (e.g. Hook & Fisher 2001).

There was no significant difference between the 2 efflux rate constants for any population in the case of accumulated cadmium. The silver database was more limited (Table 7), but where comparisons were possible, Ke was higher in the case of Ag accumulated after uptake from ingested sediment. The difference was significant for the population from the Blackwater but not significant for Tavy and West Looe populations (Table 7). In the case of zinc, the situation was the reverse of that for silver, with lower efflux rate constants for accumulated metal taken up from ingested sediment. The difference was significant for 3 populations (Blackwater, East Looe, Tavy), but not in the case of the zinc-tolerant Restronguet Creek population (Table 7).

Table 7. Nereis diversicolor. Comparison of efflux rate constants (K_e : mean, SE, d^{-1}) of Cd, Ag and Zn in polychaete worms from each of 6 populations after taking up radiolabelled metal either from solution or from ingested sediment. 2007 data. ns: no significant difference, p > 0.05

	K	solution		K _e inges	K _e ingested sediment			
	K_{e}	SE	n	K_{e}	SE	n		
Cadmium								
Blackwater	0.0184	0.0018	14	0.0232	0.0029	7	ns	
East Looe	0.0217	0.0029	14	0.0261	0.0091	5	ns	
Gannel	0.0336	0.0046	14	0.0177	0.0042	4	ns	
Restronguet Creek	0.0312	0.0046	14	0.0246	0.0043	3	ns	
Tavy	0.0311	0.0050	14	0.0163	0.0063	3	ns	
West Looe	0.0243	0.0027	13	0.0115	0.0022	3	ns	
Silver								
Blackwater	0.0436	0.0058	10	0.0835	0.0165	9	p < 0.05	
East Looe	0.0518	0.0080	10	-	-	-	-	
Gannel	-	-	-	0.0628	0.0172	7		
Restronguet Creek	0.0172	0.0029	9	0.0619		1		
Tavy	0.0250	0.0039	10	0.0440	0.0132	6	ns	
West Looe	0.0322	0.0049	9	0.0532	0.0109	4	ns	
Zinc								
Blackwater	0.0359	0.0024	17	0.0059	0.0098	4	p < 0.001	
East Looe	0.0389	0.0043	7	+0.0037	0.0104	5	p < 0.001	
Gannel	0.0386	0.0038	14	0.0170	0.0147	4	ns	
Restronguet Creek	0.0393	0.0034	5	0.0441	0.0193	4	ns	
Tavy	0.0235	0.0018	10	0.0712	0.0229	6	p < 0.05	
West Looe	0.0321	0.0018	17	0.0292	0.0103	5	ns	

sharing	j a commo	on letter in	the a	posteriori T	ukey's test	colum	in do not diffe	er significa	ntly $(p > 0)$.05)	is from site.
	2006 data			2007 data			ANOVA	Combined 2006/2007 data			Tukey's
	K_u	SE	n	Ku	SE	n		Ku	SE	n	
Blackwater	0.0398	0.0045	20	0.1021	0.0346	17	ns	0.0894	0.0187	37	A
East Looe	0.0254	0.0035	20	0.0173	0.0366	7	ns	0.0479	0.0181	27	А
Gannel	0.0369	0.0135	20	0.0859	0.0297	14	ns	0.0799	0.0173	34	А
Restronguet Creek	0.0621	0.0162	20	0.0660	0.0734	7	ns	0.0777	0.0211	27	А
Tavy	0.0470	0.0070	19	0.0752	0.0208	10	ns	0.0695	0.0121	29	А
West Looe	0.0369	0.0083	19	0.0336	0.0100	16	ns	0.0570	0.0105	35	А

Table 8. Nereis diversicolor. Autumn 2006 and summer 2007 uptake rate constants (K_u : mean, SE, l g⁻¹ d⁻¹) of Zn in polychaete worms from each of 6 populations taking up radiolabelled metal from solution. ANOVA compares 2006 and 2007 regression data generating K_u for each population (ns: no significant difference, p > 0.05). K_u (combined 2006 and 2007 data) of worms from sites sharing a common letter in the *a posteriori* Tukey's test column do not differ significantly (p > 0.05)

2006 and April 2007. In no case was there a significant difference in the uptake rate constants. All other comparisons made concern only data collected between April and October 2007.

DISCUSSION

We measured parameters of the bioaccumulation kinetics of the toxic metals Ag, Cd and Zn in populations of Nereis diversicolor from the differentially metal-contaminated sediments of 5 metal-rich estuaries and a relatively non-contaminated control estuary, i.e. uptake rate constants from solution and assimilation efficiencies from sediment, and subsequent efflux rate constants after uptake from either water or ingested sediment. We hypothesized that populations from estuaries with large differences in exposure history would be the most likely to show interpopulation variation in these parameters were selective pressure being exerted on worms exposed to atypically high local bioavailabilities of a toxic metal. Differences in physiological traits among these field populations might also elucidate the mechanisms involved in the development of tolerance in this species. One population (from Restronguet Creek, Cornwall) is known to be tolerant to raised availabilities of zinc in response to the very high local sediment Zn bioavailabilities (Bryan & Hummerstone 1971, 1973, Bryan & Gibbs 1983, Grant et al. 1989, Mouneyrac et al. 2003), and thus represented a good candidate population to seek such evidence for selection.

The first parameter measured was the uptake rate constant K_u (Table 3), defining the rate of uptake from solution. For Cd and Zn uptake rate constants, there was only a single significant difference between 2 populations. This difference was for the Cd K_u between Tavy (high) and the Zn-tolerant population at Restronguet Creek (low) in the expected direction, but the Restronguet Creek K_u was not different from that

of any other population. There may be an association between the relatively high sedimentary bioavailability of Cd to Nereis diversicolor (Table 1) and a relatively high Cd K_u (Table 3) at Tavy, but the evidence is not convincing. There was greater interpopulation variation in the K_u of Ag than for the other 2 metals, with the Tavy and Restronguet Creek populations showing high Ag uptake and the Gannel population the lowest (Table 3). Restronguet Creek did show relatively high sedimentary Ag bioavailability to N. diversicolor (Table 1), but this was not the case for the Tavy (Table 1). The Gannel appears to have the lowest Ag bioavailability to the worms (Table 1). In conclusion, therefore, there is a suggestion that there may be a relationship for the worms between the K_u of either Cd or Ag and local bioavailability, but the evidence is hardly strong. On the other hand, there has been no effect on Zn uptake rate by the worms by increased local exposure to Zn, even though the high local bioavailability in Restronguet Creek has been sufficient to select for a Zn-tolerant population.

Rainbow et al. (1999) explored population differences in Zn, Cd and Ag uptake rates (from solution) of amphipods Orchestia gammarellus and crabs Carcinus maenas collected from different metal-contaminated sites, including Restronguet Creek, but these did not show any consistent significant interpopulation differences, leading to the conclusion that the differential exposure of the amphipods and crabs had not been sufficient to select for a reduction in dissolved metal uptake rates (Rainbow et al. 1999). Both the amphipods and crabs live further down estuaries than Nereis diversicolor, leading to the possibility that the worms would be exposed to higher local metal bioavailabilities than the 2 crustaceans (the metal sources lying upstream), with consequently higher metal exposure. Even so, there has been no selection for reduced uptake rates of metals from solution in the polychaete worm. Similarly, in the case of the barnacle Balanus amphitrite collected from sites with different degrees of metal contamination in Hong Kong waters, there was no significant correlation between Cd or Zn dissolved uptake rate and history of previous metal exposure (Rainbow et al. 2003). Furthermore, feeding on Cd or Ag-enriched diatoms by this barnacle did not change rates of uptake of Cd, Zn or Ag from solution (Rainbow et al. 2004). In the same vein, Shi & Wang (2004) found no significant difference in the dissolved uptake rate constants for Cd between 2 populations of clams *Ruditapes philippinarum* collected from a metalcontaminated bay and a relatively clean site.

Thus, even when there is variation in uptake rates of dissolved metals among populations exposed to different metal bioavailabilities in the field or laboratory, there appears to be no consistent relation between high metal bioavailability and the uptake rate constant of the exposed populations. Correspondingly, the tolerance of the Restronguet Creek population of *Nereis diversicolor* to zinc is not associated with a reduced uptake rate of Zn from solution.

A second parameter of the bioaccumulation kinetics that might vary between populations is the efflux rate constant after uptake of metals from solution. In the case of Zn, there was no significant difference in this K_e across the populations except for a significantly lower efflux rate constant for the Tavy population (Table 4). Increased excretion of zinc taken up from solution is not therefore part of the Zn tolerance mechanism of the Restronguet Creek *Nereis diversicolor* population. There was no significant interpopulation variation in this K_e for Cd (Table 4). As for Ag K_u , Ag K_e did show significant variation among populations (Table 4), but there is no clear pattern discernible between this K_e and apparent local differences in Ag bioavailability to the worms (Table 1).

There are few available comparative interpopulational data for K_e after uptake from solution. Shi & Wang (2004) found no significant differences between the Cd efflux rate constants of 2 populations of *Ruditapes philippinarum* from metal-contaminated and relatively clean sites.

Given the importance of the sediment as a metal source to *Nereis diversicolor*, it could be argued that there might be greater selection acting on the assimilation efficiencies of metals by the worm than in the case of dissolved uptake. In fact, there was no difference among all 6 populations in the AE of either Cd or Zn (Table 5). In contrast, Ag AE varied widely with a significant difference between a high mean of 77.2% for the Tavy population and a low mean of 24.5% for the Gannel population, although neither of these 2 populations differed from any of the other populations (Table 5). This variability, however, was not tied in a simple way to either Ag concentrations in sediments or bioaccumulated Ag concentrations as measures of exposure (Table 1).

In cases of other aquatic invertebrates, there were no significant differences in the AEs of Cd, Zn or Ag among populations of the barnacle *Balanus amphitrite* collected from sites with different degrees of metal contamination in Hong Kong waters (Rainbow et al. 2003). Similarly, nor was there a clear consistent effect of dietary pre-exposure of the barnacles to Cd or Ag on their AE of Cd, Zn or Ag (Rainbow et al. 2004). On the other hand, Shi & Wang (2004) did find significantly higher Cd and Zn assimilation efficiencies in a population of *Ruditapes philippinarum* collected from a metal-contaminated bay compared to a population collected from a relatively clean site.

The final parameter compared was the efflux rate constant Ke after uptake of metal from ingested sediment. There was no significant interpopulation difference for this parameter across the populations for either Cd or Ag (Table 6). The case of Zn is more complex. There was no rank order correspondence between the rate constants of loss after Zn ingestion (Table 6) and the indicators of Zn exposure (Table 1). But the 2 populations of *Nereis diversicolor* (Tavy and Restronguet Creek) in which regulation of total body Zn had broken down (Table 1) showed the highest K_e (Table 6). The possibility of enhanced Zn excretion contributing to the survival of the worms in Restronguet Creek probably should not be discounted.

Comparatively, there were no significant differences in the K_e of Cd, Zn or Ag after dietary uptake among populations of the barnacle *Balanus amphitrite* from the different metal-contaminated sites in Hong Kong waters (Rainbow et al. 2003), nor in the K_e of Cd or Zn after dietary pre-exposure of the barnacles to Cd or Ag (Rainbow et al. 2004). Combinations of Ag/Cd dietary pre-exposure did, however, increase the Ag K_e of *B. amphitrite* (Rainbow et al. 2004).

What can be concluded about interpopulation differences in the 4 measured parameters of bioaccumulation kinetics of the 3 metals by the worm Nereis diversicolor, given that the worms live in sediments of varying bioavailabilities of the metal, especially so in the case of zinc? For Zn, there was no significant interpopulation variation in the rates of uptake, either from solution or, arguably more importantly, from ingested sediment. Clearly the Zn tolerance of the Restronguet Creek population has not been brought about by selection for reduced uptake of Zn. There was no significant interpopulation variation in the efflux rate constants of accumulated Zn after uptake from solution, and only one significant interpopulation difference in K_e after uptake from ingested sediment. The Zn efflux rate constants of the Restronguet Creek population were not atypical, although arguably high in the case of efflux after ingestion. Thus the Zn tolerance mechanism of this population cannot be put down to selection for increased efflux either. N. diversicolor typically regulates the accumulated body concentration of Zn to an approximately constant level (Bryan & Hummerstone 1973, Bryan et al. 1980, Amiard et al. 1987), regulation being brought about by a matching of efflux rate to total uptake rate until such a point that uptake rate exceeds the efflux rate achievable and net accumulation ensues (Rainbow 2002). This accumulated metal must be detoxified or toxicity occurs (Rainbow 2002). Any Zn regulation has clearly broken down in the case of the Restronguet Creek population (and perhaps also in the Tavy population) (Table 1), but the rate of detoxification must have matched the excess rate of accumulation caused by the difference between uptake and efflux rates. Thus the basis of Zn tolerance in the Restronguet Creek population of N. diversicolor appears to be an increased capacity for (rate of) storage detoxification after Zn regulation has broken down. The major detoxified stores of Zn in this population are spherocrystals in the gut wall (Mouneyrac et al. 2003). These spherocrystals can potentially be excreted from the gut and therefore form the basis of the somewhat raised K_e shown in Table 6, even though this efflux does not match total Zn uptake, and Zn bioaccumulation to a high concentration ensues (Table 1).

The basis of the same population's tolerance to copper also appears to be increased capacity for detoxification and not reduced uptake (Bryan & Hummerstone 1971). The detoxified Cu stores are Cu and sulphur-rich lysosomal residual bodies in the epidermis, and Cu- and S-rich extracellular granules in the epicuticle (Mouneyrac et al. 2003), possibly derived therefrom.

The biodynamic parameters of Cd bioaccumulation showed no interpopulation variation except for a single significant difference between uptake rate constants for dissolved Cd uptake between the Tavy and Restronguet Creek populations. Given that this latter population showed no significant difference in K_u from any other population, reduced Cd uptake from solution does not appear to be a feature of the Zn-tolerant population, which would be a possibility given the sharing of uptake routes by Zn and Cd (Luoma & Rainbow 2008). The significantly raised Cd K_u in the Tavy population may play a part in the slightly raised accumulated Cd concentration in Tavy worms in the absence of very high total Cd sediment concentrations (Table 1).

Silver showed the most interpopulation variation in biodynamic parameters of bioaccumulation. The Tavy population had the highest Ag K_u and AE, while the K_e after uptake from water was somewhat low, and the K_e after sediment ingestion also low but not significantly different from that of any other population. In spite of high uptake rates and possibly low efflux, this Tavy population did not show atypically raised Ag accumulation (Table 1). The variability in Ag bioaccumulation parameters showed no consistent pattern with Ag exposure, and may be related to differences in local Cu bioavailabilities, as Cu and Ag do share uptake pathways (Luoma & Rainbow 2008). The Cu-tolerant Restronguet Creek population had a high accumulated Ag concentration reflecting the high total Ag concentration of the sediment (Table 1); its uptake and efflux parameters for Ag, however, were not atypical, indicating that any mechanism of tolerance to Cu has not affected the biodynamics of Ag uptake and efflux.

The data do allow addressing the question of whether metals taken up from the 2 routes share the same detoxification and, potentially, excretion pathway as reflected in efflux rate constants that are the same. This was the case for Cd. The presence of different efflux characteristics after uptake from solution and diet suggests that different excretion pathways might be involved. For example, there appeared to be greater efflux of Ag after uptake from ingested sediment as opposed to solution, suggesting that different physiological handling processes are involved. For Zn, however, efflux was lower after Zn uptake in the gut. Given that a Zn detoxification route in these worms can involve Zn-rich spherocrystals in the gut wall (Mouneyrac et al. 2003), it would appear that this route is particularly pertinent for Zn assimilated in the gut and causes longer retention of the accumulated Zn than any route used to process Zn taken up from solution.

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Submitted: August 29, 2008; Accepted: November 9, 2008 Proofs received from author(s): January 30, 2009